

# TRAVEL SOBER

## INVITES YOU



# to Relax in Cuba

MARCH 26TH - 31ST, 2019  
ON NORWEGIAN CRUISE LINES  
"NORWEGIAN SKY"

## Join Us for a 5-Day Recovery Retreat at Sea

Cuba & Bahamas from Miami, Florida

Hosted by: Kathleen L. & Raymundo L.

Great prices starting at: \$880.00

Combine Great Speaker Meetings, Meditation and Workshops  
with Comedy, Tours, Broadway Shows, Waterslides, Dancing,  
Great food and TravelSober's Value Added Extras.



**\*\*Ask about Latitudes Promotions, Discounts and Upgrades  
Take the Family – Connecting cabins are available!**

**NCL NORWEGIAN  
CRUISE LINE®**

BOOK Now!! (805) 927-6910  
travelsober.com inthislife@aol.com

**TRAVEL  
SOBER**  
The Journey Begins

Exclusive Booking Arrangements made by: IN THIS LIFE TRAVEL, LLC

**Great Prices Start at and include port charges & tax, govt. fees**

Prices are per person, based on double occupancy. Single rates are available.

Not included are tips, items of a personal nature and admin/conference registration fee

<b>Interior</b>	<b>\$880.00 per person dbl/occ</b>
<b>Oceanview</b>	<b>\$1,070.00 per person dbl/occ</b>
<b>Balcony</b>	<b>\$1,570.00 per person dbl/occ</b>

A cruise deposit of \$250 pp plus conference fee starting at \$195 is required to hold your space  
Mention code EB1 to get value added extras, including your ship gratuities paid by ITL.

<p><b>About the Speakers:</b> Kathleen L first heard about Travel Sober from a friend and took her first sober cruise with Bob K and his team in 2013. Who knew, five cruises later the rest is history. Having to travel extensively for work, Kathleen has attended AA meetings across the US and from Shanghai to Dusseldorf and took her first trip to Cuba in 2018. Kathleen's passion is meeting people, learning about different cultures and exploring new destinations.</p> <p>Raymundo L's joy of life and love for others is infectious, he has an endless supply of energy and his service to AA takes him to many conferences across the country and abroad, you will always find him in the middle of AA being of service to others. Raymundo lives in San Jose, CA and was a past Panel 65 Delegate for CNCA and he sat on the Conference Grapevine committee. Raymundo was first invited to Cuba by the Cuban General Service Office, he has made many friends in the Island nation and has been back many times since.</p>	Day	Cruise Ports	Arrive	Depart
	Tue	Miami, Florida (EMBARK)	---	5:00 pm
	Wed	Havana, Cuba	7:00 am	---
	Thu	Havana, Cuba	---	6:00 am
	Fri	Great Stirrup Cay, Bahamas	9:00 am	6:00 pm
	Sat	Nassau, Bahamas	8:00 am	5:00 pm
	Sun	Miami, Florida (DISEMBARK)	7:00 am	---

**About InThisLife/TravelSober.com:**

We have been privileged to provide sober travelers a safe place to enjoy each others company, experience great speakers and workshop leaders while enjoying all the benefits of cruise and land vacations with like minded people. You will have the advantage of 27+ years of world wide travel relationships, preferred pricing and guided experiences. Let us help you have the richest, highest quality and most memorable journey. And above all lots of fun and spiritual growth.

**Cruise Highlights:**

An overnight gives you more time on shore to discover the rich history and culture of Cuba. In Havana, sip cafecitos with the locals and take a leisurely sunset stroll along the Malecón, the famed five-mile-long seaside promenade overlooking Havana Harbor. Then dance the night away at the famed Tropicana Cabaret. And while in the Bahamas, unwind on the white-sand beaches or kayak in warm turquoise waters along the coastline of Great Stirrup Cay, our idyllic private island paradise.

**About the Ship:** Norwegian Sky offers the most inclusive contemporary cruise vacation at sea. From the moment you step aboard, you'll see that Norwegian Sky offers something for everyone. Your options are nearly limitless with 10 dining options, an onboard spa and a casino that has all of your favorite games and slots. If you're looking for a vacation like no other take a 4-Day Cuba & Bahamas cruise from Miami. And, if you decide to bring the kids, we'll keep them entertained all day, while you lounge by the pool, play in the casino, or enjoy dinner at one of many restaurants.

**While on the cruise, In This Life's hospitality desk will provide information on "doing your own thing" adventures. Select from a variety of cruise shore excursions. Ask us about other options such as great dining and fun-filled onboard activities.**

Reservations: 805 927-6910 or Email: [trips@inthislife.com](mailto:trips@inthislife.com)

Payments can be made by credit cards (call) or by check to:

In This Life Travel - 895 Napa Ave. Ste. A 4, Morro Bay, CA 93442