

# FEEL FREE TO LEAVE ORDINARY BEHIND.

Alaska Asia Australia & New Zealand Bahamas & Florida Bermuda Canada & New England The Caribbean Europe Hawai'i  
 Mexican Riviera Pacific Coastal Panama Canal South America Transatlantic

## Great Prices Start at and include port charges & tax, govt. fees

Prices are per person, based on double occupancy. Single rates are available.  
 Not included are tips, items of a personal nature and admin/conference registration fee

<b>Interior</b>	<b>\$ 894.00 per person dbl/occ</b>
<b>Balcony</b>	<b>\$1,258.00 per person dbl/occ</b>
<b>Mini-Suite</b>	<b>\$1,403.00 per person dbl/occ</b>

A cruise deposit of \$125pp plus conference fee starting at \$195 is required to hold your space  
 Mention code EB1 for shipboard credit and 2 perks

### About the Speakers:

**Dona Speir's** passion for shattering the silence behind sexual trauma led her to write her memoir "Naked Truth, The Fall and Rise of Dona Speir", which was released in the Summer of 2019. A memoir, where she shares all of her life experiences that led her down a destructive path. Today, Dona is CEO of Recovery Coaching Experts, and works as a Nationally Certified Recovery Coach and Nationally Certified Interventionist.

**Fr. Tim Meier, SJ,** is currently the Full-Time Support Chaplain for the California Military Department at the California National Guard's Joint Force Headquarters in Sacramento. He has remained sober since September 1979 and has been active in giving retreats for people in 12-Step recovery programs for more than 25 years. His retreat ministry began in 1990 with an internship under the direction of Fr. Tom W in Oakland, California.

**About InThisLife/TravelSober.com:** We have been privileged to provide sober travelers a safe place to enjoy each others company, experience great speakers and workshop leaders while enjoying all the benefits of cruise and land vacations with like minded people. You will have the advantage of 27+ years of world wide travel relationships, preferred pricing and guided experiences. Let us help you have the richest, highest quality and most memorable journey. And above all lots of fun and spiritual growth.

Day	Cruise Ports	Arrive	Depart
Sat	Orlando & Beaches (Port Canaveral)	---	4:00 pm
Sun	At Sea	---	---
Mon	Puerto Plata, Dominican Republic	9:00 am	4:00 pm
Tue	St. Thomas, US Virgin Islands	11:00 am	7:00 pm
Wed	Tortola, British Virgin Islands	6:00 am	2:00 pm
Thu	At Sea	---	---
Fri	Great Stirrup Cay, Bahamas	10:00 am	6:00 pm
Sat	Orlando & Beaches (Port Canaveral)	7:00 am	---

**Cruise Highlights:** Set sail to paradise on an exciting cruise aboard Norwegian Escape. For stunning views, take a cable car ride to the peak of Mount Isabel de Torres in Puerto Plata. Take in the beautiful turquoise waters and the laid back Caribbean vibes on Long Bay Beach in Tortola. Daydreaming about your own private island? Grab a frozen drink and lounge in your private beachfront cabana on Great Stirrup Cay, our tropical paradise that's just for you.

**About the Ship:** Norwegian Escape is ready to whisk you away. Indulging in every whim is what unforgettable vacations are made of. Get ready to chase sunsets on The Waterfront. Be dazzled by Broadway hits like After Midnight. Discover a new world of Freestyle Cruising on Norwegian Escape.

**While on the cruise, In This Life's** hospitality desk will provide information on "doing your own thing" adventures. Select from a variety of cruise shore excursions. Ask us about other options such as great dining and fun-filled onboard activities.



Reservations: 805 927-6910 or Email: [trips@inthislife.com](mailto:trips@inthislife.com)  
 Payments can be made by credit cards (call) or by check to:

In This Life Travel - 895 Napa Ave. Ste. A 4, Morro Bay, CA 93442