



The Journey Begins

7-Day Recovery Conference at Sea to *Beautiful Bermuda*

For Recovering People, Family & Friends
On Norwegian Cruise Lines fabulous *'Norwegian Breakaway'*

From New York City to Bermuda
September 17-24, 2017

Speakers: Fr. Tom W. & Fr. Jim H. & Mary Cross Ph.d

Great Speakers, Program Meetings, Couples Workshop, Old Timers Panel
Special 'In This Life' Tours Hospitality, Waterslides, Broadway Shows
Dancing, Great Food & LOTS of FUN-FUN-FUN

Great Prices start at and include port charges & tax, govt. fees

Interior	\$ 1015.00 **
Oceanview	\$ 1275.00 **
Balcony	\$ 1405.00 **

Studios, Mini-Suite & Suites also available

Cruise & Conference Registration Fee of 150.00* due upon booking in 2016.
Prices and availability subject to change. Book now for lowest rates and amenity packages

**** Ask about Latitudes Promotions & Military discounts and upgrades**

Low cost plus optional pre/post-cruise and hotel in New York City availability

**Exclusive Booking Arrangements made by
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More details on reverse side.

The Speakers: **Fr. Tom** is a popular retreat leader, teacher and speaker with long term recovery. For many years, he has given people thought provoking, while advocating “to take what you like-need and leave the rest.” His tapes have been helpful to many and can be obtained by going to: www.inlight.com. This cruise has lots of relaxing sea days to hear Tom and reflect on the information. **Fr. Jim** has been a member of the Jesuit order for 50 years and a priest for 38. He taught at the Jesuit universities in Denver and in Seattle in English and Humanities. Later he taught Addictions Counseling; he has been a Certified Chemical Dependency Counselor and has been otherwise active in working with addictions, especially 12 Step retreats, for 31 years. He is the author of two books on the Twelve Steps, including [A Twelve Step Approach to the Spiritual Exercises of St. Ignatius](#). **Mary Cross Ph.d** 34 years in AA and other 12 step programs. Recently retired as Director of the Programs of Faith Formation in the Archdiocese of Seattle. She has 20 plus years as a retreat leader and is a lifelong student and teacher of the Enneagram.

About the Itinerary: **Bermuda** is a British island territory in the North Atlantic, off the eastern U.S., known for its distinctive blend of British and American culture and pink-sand beaches such as Elbow Beach and Horseshoe Bay. Its massive Royal Naval Dockyard complex combines modern attractions like the interactive Dolphin Quest with a look at maritime history at the National Museum of Bermuda. There is an amazing array of activities available on the island from visits to the beautiful beaches to, Dolphin experiences, to great snorkeling and scuba. Other sites include beautiful churches, St. Peters and Cathedral of the most Holy Trinity, 9 golf courses, a Chrystal & Fantasy Cave experience and the famous Gibbs Lighthouse.

On the recovery front: Before or after the cruise, why not enjoy the Big Apple? We offer low cost pre-cruise hotel and have a trip to Stepping Stones on the agenda. **Stepping Stones** is the historic home of Alcoholics Anonymous co-founder Bill Wilson and his wife Lois Wilson, co-founder of Al-Anon/Alateen, in Bedford Hills, New York. It is a Colonial Revival structure built in 1920 and is a wonderful experience for those in the AA/Al Anon programs. We are also planning a post cruise tour to Dr. Bob’s house in Akron, Ohio, and a tour to the Rock & Roll Hall of Fame in Cleveland.

Port: **Royal Naval Dockyard, Bermuda** is located at the tip of Bermuda's West End. The beautifully restored Royal Navy Dockyards provides pristine beaches and quaint boutique shopping, with a crafts market and fascinating maritime museum nearby. Don't miss the chance to try out one of the many water sports offered in and around this gorgeous harbor.

In This Life has produced tours for the recovery community starting in 1988. Speaker meetings, seminars and program meetings are available all during the trip. People from all 12-step groups are welcome. Onboard, our hospitality desk will provide helpful information about ship activities and our programs all during the cruise. Our Conference at Sea can include movies, optional private tours, fellowship, sober social networking, old-timers panels, Couples Workshops and much more!

<u>Day</u>	<u>Arrive</u>	<u>Depart</u>
September 2017		
Sun 17	New York	4:00PM
Mon 18	at Sea (Speaker Meetings & Group Activities)	
Tue 19	at Sea (Speaker Meetings & Group Activities)	
Wed 20	Royal Naval Dockyard, Bermuda	Tours 8:00AM
Thur 21	Royal Naval Dockyard, Bermuda Overnight	Tours
Fri 22	Royal Naval Dockyard, Bermuda	Tours 3:00PM
Sat 23	at Sea (Speaker Meetings & Group Activities)	
Sun 24	New York	8:00AM

Norwegian Cruise Lines (www.ncl.com) is a 5-star cruise line. The **Norwegian Breakaway** is one of Norwegian newest Ships, showcasing the concept of “Freestyle Cruising.” Enjoy a variety of fantastic restaurants, 29 in all including buffets, Dining Rooms, Asian, Teppanyaki, Steak House, French, even a Brazilian Carvery. Specialty restaurants have service charges. When it comes to entertainment, no need to hail a cab and fight traffic to see these Broadway smash hits. Only Norwegian Breakaway entertains with three Broadway shows: Rock of Ages the five-time Tony® Award-nominated musical, Cirque Dreams & Dinner Jungle Fantasy and Burn the Floor. From top to bottom and from bow to stern, Norwegian Breakaway has enough onboard activities to fill every minute of your cruise. Think you’re brave? Splash around at Aqua Park with Free Fall - the fastest waterslides at sea. Or visit our multi-level Sports Complex and walk The Plank, which extends 8 feet over the side of the ship. Children’s programs at sea are free of charge. Complete Spas services are reasonably priced. Imagine unpacking only once and then relaxing and enjoying the activities on your cruise.

Cruise fare and a early-bird 150.00* Conference Registration Fee reserves your spot on this fun-filled cruise conference. Conference registrations fees are 195.00* after December 31, 2016. Join friends in recovery & meet new friends too! Sign-up now as Early-bird upgrades may also be available! Tell us if you are a Latitudes member or active or retired military as you may qualify for a further discount and ask about our free promotions.

Reservations: **805 927-6910** Email: trips@inthislife.com Visit www.travelsober.com for information on other trips.